



HAVE A GO DAY



WHEELCHAIR LACROSSE Port Moody

Wednesday, November 27, 2019

6:00PM – 8:00PM

Port Moody Recreation Centre

300 Ioco Road, Port Moody



We invite you to come out and try **Wheelchair Lacrosse!** The BC Lacrosse Association is excited to offer a **free** session for all ages and ability levels. Able-bodied participants are welcome.

We will teach the basic lacrosse skills, play some fun games and end with a scrimmage.

Sport Chairs, Helmets, Sticks and balls will be available. Feel free to bring your own equipment.

FREE to register: email Dave Showers:

info@bcwheelchairlacrosse.com or call 604-421-9755 ext.1

